

16 - PERSONALITIES ASSESSMENT

Student Leadership Kickoff

October 9

MIND – how we interact with our environment (E/I)

Extraverted – get energized by social interaction

Introverted – enjoy more focused “alone time”

ENERGY – where we direct our mental energy (N/S)

Intuitive – imaginative, open minded and curious

Observant – present and involved in the current moment

NATURE – how we make decisions and cope with emotions (T/F)

Thinking – lean on objective information when making decisions; facts and knowledge

Feeling – sensitive and emotionally expressive, less competitive, focus on social harmony

TACTICS – our approach to work, planning and decision-making (J/P)

Judging – decisive, thorough and highly organized

Prospective – flexible and spontaneity is ok

IDENTITY – how confident we are in our abilities and decisions (A/T)

Assertive – self-assured, even-tempered, and resistant to stress

Turbulent – self-conscious and sensitive to stress, perfectionist and success-driven, eager to improve

ANALYSTS

Architect _____ INTJ-A/INTJ-T

Imaginative and strategic thinkers with a plan for everything

Logician _____ INTP-A/INTP-T

Innovative inventors with an unquenchable thirst for knowledge

Commander _____ ENTJ-A/ENTJ-T

Bold, imaginative and strong-willed leaders, always finding a way or making one

Debater _____ ENTP-A/ENTP-T

Smart and curious thinkers who cannot resist an intellectual challenge

DIPLOMATS

Advocate _____ INFJ-A/INFJ-T

Quiet and mystical, yet very inspiring and tireless idealists

Mediator _____ INFP-A/INFP-T

Poetic, kind and altruistic people, always eager to help a good cause

Protagonist _____ ENFJ-A/ENFJ-T

Charismatic and inspiring leaders, able to mesmerize their listeners

Campaigner _____ ENFP-A/ENFP-T

Enthusiastic, creative and sociable free spirits, who can always find a reason to smile

SENTINELS

Logistician _____ ISTJ-A/ISTJ-T

Practical and fact-minded individuals, whose reliability cannot be doubted

Defender _____ ISFJ-A/ISFJ-T

Very dedicated and warm protectors, always ready to defend their loved ones

Executive _____ ESTJ-A/ESTJ-T

Excellent administrators, unsurpassed at managing things or people

Consul _____ ESFJ-A/ESFJ-T

Extraordinarily caring, social and popular people always eager to help

EXPLORERS

Virtuoso _____ ISTP-A/ISTP-T

Bold and practical experimenters, masters of all kinds of tools

Adventurer _____ ISFP-A/ISFP-T

Flexible and charming artists, always ready to explore and experience something new

Entrepreneur _____ ESTP-A/ESTP-T

Smart, energetic and very perceptive people who truly enjoy living on the edge

Entertainer _____ ESFP-A/ESFP-T

Spontaneous, energetic and enthusiastic people and life is never boring around them

DISCUSSION

Members introduce themselves and share their personality assessment.

Questions to help dialogue include:

Assessment

- Was your assessment accurate to who you believe you are as an overall person?
- What are some of your strengths?
- What are some of your weaknesses?
- Do you agree with the strengths and weaknesses listed on your assessment?

Relationships

- How reflective was the assessment in your personal life with your different relationships?
 - 1) Family
 - 2) Friends
 - 3) Work
 - 4) Community member
- How can you use the characteristics highlighted to strengthen your relationships?

Leadership

- How is this assessment beneficial in your current role as a student leader?

Resources:

www.16personalities.com